

Online PE resources/activities.

Kidz bop dance along videos

https://www.youtube.com/watch?v=sHd2s_saYsQ



Cosmic Yoga

<https://www.youtube.com/user/CosmicKidsYoga>



Joe Wickes

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ>



CBeebies Andy's Wild workouts

<https://www.youtube.com/watch?v=DqAOMrZkht0&list=PLoOc9M0VgduMnQiJ56Gw5TX7wsGIF7kmv&index=4>



Supermovers

<https://www.bbc.co.uk/teach/supermovers>



imoves

<https://imoves.com/>



gonoodle

<https://family.gonoodle.com/>



Zumba kids

<https://www.youtube.com/watch?v=ymigWt5TOV8&list=PLsLdIyqFC4R5kDlsjwLNwc1RUiH06nEf3>



Born to Move

<https://www.youtube.com/watch?v=9WgkiB-GQMI>

